



**NEPTUNE**  
TRADING GROUP Ltd.

## ATLANTIC GREY SOLE



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*(Glyptocephalus cynoglossus)*

Neptune Trading Group has been importing Whole Atlantic Grey Sole for over 25 years as a premium flatfish. Grey Sole is also known as Witch and is considered the "Cadillac of Sole". Grey Sole is commonly offered as "Flounder" on Asian menus across the USA and Canada.

Our producers harvest Whole Atlantic Grey Sole in the most Northern parts of the clean, crisp North Atlantic waters.

Neptune Trading Group imports IQF land frozen Grey Sole from Iceland in addition to Frozen at Sea (FAS) from Spain.

**Origin:** Iceland, Spain

**Catch Area:** North Atlantic Ocean

**Catch Method:** Trawl Caught

**Presentation:** Whole Round

**Freezing:** IQF or Pan Frozen at Sea

**Packing:** 20 lb. or Catch Weight

**Seasonality:** Year Round

**Grading:**

200/400gm

400/600gm

600/800gm

800/+ gm



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